

UCC SUMMER CAMPS

WHAT TO BRING

Sports Camps

Baseball Camp — campers must bring their own baseball glove and should wear running shoes (no spikes). Please do not bring your own baseballs to camp.

Basketball Camp — campers are encouraged to wear a good pair of court shoes and comfortable clothing. Please do not bring your own basketballs to camp.

Golf Camp — please wear suitable attire, but collars and golf shoes are not mandatory. Campers without their own set of clubs may rent through Cardinal for a nominal fee. A letter will be sent out prior to your session with more information. Golf balls and tees are not provided but may be purchased at Cardinal if none are brought from home. Campers must pack their own nut-free bagged lunch.

Hockey Camp — campers are required to bring full hockey equipment, including a neckguard, CSA approved helmet, extra tape and laces. Please note that we do not supply any equipment for goalies.

Senior Landsports Camp — all equipment is provided. Campers should wear running shoes and loose, comfortable clothing.

Soccer Camp — campers must wear shin guards and bring both running shoes and soccer cleats. Please do not bring soccer balls from home.

Tennis Camp — campers should wear comfortable athletic clothing and have a clean pair of running shoes, court shoes not required. Campers must bring their own racquets.



Tech Camps

Campers should wear comfortable footwear for outdoor games/recreation time.

Kids Camps

Kids Camp — please wear comfortable play clothing. Owing to the risk of loss, sentimental possessions are best left at home for safekeeping!

Creative Arts Camp — please wear comfortable clothing that you don't mind getting dirty!

Junior Landsports Camp — campers should wear running shoes and loose, comfortable clothing.

Arts Camps

Dance Camp — please wear clothing that allows freedom of movement, and bring running shoes and socks.

Theatre Arts Camp — campers should wear cool, comfortable clothes (do not wear jeans or clothing that will restrict your range of movement).

Visual Arts Camp — please wear clothing that you don't mind getting dirty!



It is recommended that **ALL CAMPERS** should:

- Bring sunscreen and a hat to wear outside for recreation times
- Have a bathing suit and towel for pool days (schedule to be posted on website)
- Bring a healthy and quick snack (note: hot lunch is provided for all campers)
- Bring a water bottle to fill and carry throughout the day
- Have their names clearly marked in all clothing, equipment and personal belongings
- **NOT** bring iPods, jewelry or other valuables

All campers must check in upon arrival and be checked out by their Director at the end of the day.
